

	Event:			Cycling Time Trial 20K			
	Women Record Holders						
	CYCLING – 20K Time Trial – WOMEN (Held at Vint Hill Village Green in 2016-2024)						
	50-54	May Ton		Burke	38:43	2021	
	55-59	Betty Francis		Warrenton	36:38.4	2019	
	60-64	Deb Wolfe		Gainesville	38:43.15	2019	
	65-69	Trish LeBlanc		Alexandria	49:34	2021	
	70-74	Lynn Saunders		Gainesville	43:19	2016	
	75-79	Ruth Hamilton		McLean	44:50	2022	
	80 -84	Joyce Tobias		Haymarket	1:01.07	2021	
	List of Participants 2025						
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
F			53	Melissa	Czarnecki	Burke	DNP
F	55-59	Gold	59	Susan	Dodson	Midland	51:45
F	60-64	Gold	61	Amy	Levinrad	Ashburn	41:20
F		Silver	60	Ann	Chaney	Bristow	49:19
F		Bronze	61	Peg	O'Hara	Gainesville	54:25

	Men Record Holders						
	CYCLING – 20K Time Trial – MEN (Held at int Hill Village Green in 2016-2024)						
	50-54	Tony Lang		Alexandria	29:11	2018	
	55-59	Eric Lengel		Fairfax	28:25	2016	
	60-64	Michael Price		Woodbridge	29:47	2024	
	65-69	James Degoey		Reston	31:31	2016	
	70-74	Mark Holt		Arlington	32:30	2021	
	75-79	Robert Causseaux		Marshall	36.22	2022	
	80-84	Bill Vest		Reston	35:42	2016	
	85-89	William Vest		Gainesville	37:37	2021	
	90-94	Thomas Tobias		Haymarket	50:35	2024	
	List of Participants 2025						
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
M	50-54	Gold	52	Patrick	Fry	Falls Church	37:00
		Silver	51	Michael	Wardian	Arlington	42:55
M		Gold	58	Melvin	Mayes	Alexandria	36:03
M		Silver	56	Thomas	Boggess	Warrenton	37:44
M			58	John	Talbert	Manassas	DNP
M			59	Michael	Riggs	Arlington	DNP
M		Gold	63	Steven	Triantafell	Marshall	33:53
M		Silver	64	Eric	Lengel	Fairfax	35:30
		Bronze	62	Stephen	Young	Arlington	44:35
M			61	Ronald	Dillinger	Bristow	DNP
M			62	Henry	Sobieski	Centreville	DNP
M	65-69	Gold	65	Scott	MacEwen	Arlington	35:39
M		Silver	67	Chandler	von Schrader	Arlington	41:04
M		Bronze	65	Roger	Aberth	Arlington	44:39
M			66	Slawomir	Olender	McLeqn	DNP
M			68	Richard	Luttrell	Bristow	DNP
M			69	John	Jeffers	Springfield	DNP
M	70-74	Gold	70	Peter	Czapiewski	Alexandria	35:06
M		Silver	70	David	Tomkinson	Springfield	36:35
M		Bronze	70	Alvin	Brenneman	Catlett	37:31
M			74	Rafe	Katkin	Burke	DNP
M	75-79	Gold	75	William	McKeague	Chantilly	36:49
M		Silver	79	Franklin	Nutter	McLean	40:28
M		Bronze	75	Charles	Baughman	Arlington	42:10
M		4	75	Joseph	Florence	Warrenton	48:00
M			75	Michael	McCormick	Alexandria	DNP
M			76	Thomas	Yun	Fairfax	DNP
M			77	David	Borowski	Annandale	DNP
M			79	David	Whelan	Great Falls	DNP

M	80-84	Gold	83	John	McCracken	Reston	38:31
M		Silver	80	Robert	Causseaux	Marshall	42:19
		Bronze	82	Dave	Endres	McLean	47:46
M		4	80	Doouglas	Lee	Springfield	48:14
M	85-89	Gold	89	Bill	Vest	Gainesville	40:44
M	90-94		90	Roy	Huffman	Gainesville	DNP
M			92	Thomas	Tobias	Haymarket	DNP