

	Event:	High Jump						
	Women Record Holders							
	HIGH JUMP – WOMEN (NEW in 2012)							
	50 - 54	Mary Fowler		Alexandria	4’ 2”	1.27M	2012	
	50 – 54	Jennifer Stephens		Fairfax	4’ 2”	1.27	2021	
	60 - 64	Mary Fowler		Alexandria	4’ 2”	1.27	2019	
	List of Participants 2025							
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results	
F	60-64	Gold	64	Joanne	Shabelski	Springfield	3'0"	0.91M
	Men Record Holders							
	HIGH JUMP – MEN (NEW in 2012)							
	50 – 54	Matt McVetta		Arlington	4’ 8”	1.42M	2019	
	50 – 54	James Lake		Annandale	5’ 0”	1.52	2022	
	55 – 59	John Casale		Ashburn	4’ 11”	1.50	2014	
	60 – 64	Gerard Nezet		Arlington	4’ 10”	1.47	2013	
	65 – 69	Gerard Nezet		Arlington	4’ 8”	1.42	2015	
	70 – 74	Curtis Morgan		Falls Church	4’ 9”	1.45	2014	
	75 – 79	Bernhard Stamm		Ashburn	4’ 5”	1.35	2014	
	80 – 84	Bernhard Stamm		Ashburn	3’ 8”	1.12	2019	
	85 – 89	Bernhard Stamm		Ashburn	3’ 8”	1.12	2025*	
	List of Participants 2025							
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results	
M	50-54		51	Michael	Wardian	Arlington	0	0
M	55-59	Gold	57	James	Lake	Annandale	4'10"	1.47M
M			55	Timothy	Jordan	Haymarket	DNP	
M	60-64	Gold	60	Joseph	Czopek	Annandale	3'6"	1.07M
M			61	Stephen	Neal	Chantilly	DNP	
M			62	Glenn	Coughlin	Falls Church	DNP	
M			63	Jeff	Farr	Vienna	DNP	
M	65-69	Gold	67	Ron	Workman	sterling	3'10"	1.17M
M			65	Jon	Berglund	Springfield	DNP	
M			67	Jeff	James	Purcellville	DNP	
M			68	Robert	Roll	Arlington	DNP	
M			69	Steven	Smith	McLean	DNP	
M	70-74		74	Nathan	Granger	Sterling	0	0
M			74	Greg	Redding	Fairfax	DNP	
M	75-79		77	Eiji	Yasuhara	Sterling	0	0
M			76	Robert	Baldassano	Alexandria	DNP	
M			77	George	Marmorino	Alexandria	DNP	
M			77	Gharemon	Suleymon	McLean	DNP	

M	80-84	Gold	83	Parviz	Youssefi	Gainesville	3'2".	0.97M	
M			81	Don	Meli	Annandale	DNP		
M	85-89	Gold	86	Bernhard	Stamm	Ashburn	3'8""	1.12M*	
M			86	Carlos	Rodriguez	Dumfries	DNP		