

	Event:			Swimming 50 yd Backstroke			
	Female Record Holders						
	SWIMMING – BACKSTROKE 50 YDS – WOMEN						
	50 - 54	Andrea Haines	Alexandria	:37.83	1998		
	55 - 59	Beth Baker	Arlington	:34.40	2019		
	60 - 64	Abigail Romanowski	Nokesville	:35.90	2025*		
	65 - 69	Denise Kirwan	Leesburg	:39.47	2018		
	70 - 74	Denise Kirwan	Leesburg	:40.72	2022		
	75 - 79	Anne Walker	Arlington	:47.90	1992		
	80 - 84	Anne Walker	Arlington	:50.70	1997		
	85 - 89	Carol Galbraith	Alexandria	1:00.75	2001		
	90 - 94	Mary Lathram	Falls Church	1:10.31	2006		
		Joan Doupe	Falls Church	1:10	2012		
	List of Participants 2025						
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
F	50-54		54	Adriana	Iglesias	Herndon	DNP
F			54	Renee	LaRue	Sterling	DNP
F	55-59	Gold	59	Marilyn	Lipstreuer	Bristow	41.28
F		Silver	57	Laura	Wissing	Ashburn	52.19
F		Bronze	59	Susan	Dodson	Midland	1:28.07
F			58	Susanna	Brown	Aldie	DNP
F	60-64	Gold	62	Abigail	Romanowski	Nokesville	35.90*
F		Silver	60	Laurie	Seaton	Fairfax	45.69
F			61	Amy	Levinrad	Ashburn	DNP
F	65-69	Gold	66	Mary Catherine	Malin	Arlington	46.36
F		Silver	67	Catherine	Pennington	Fairfax	47.32
F		Bronze	66	Janet	Palfey	Fairfax	1:00.39
F			65	Debbie	Sulik	Springfield	DNP
F			67	Mary	Gotschall	Falls Church	DNP
F			66	Noela	Francis	Alexandria	DNP
F	70-74	Gold	73	Denise	Kirwan	Leesburg	41.53
F		Silver	72	Bobbe	Duquette	Herndon	52.70
F		Bronze	70	Tang	Xu	Fairfax	1:20.58
F			73	Carol	Rivers	Arlington	DNP
F	75-79	Gold	76	Patricia	Lengle	Tysons	54.33
F		Silver	78	Valerie	Campbell	Manassas	1:11.45
F		Bronze	78	Jennifer	Johnston	Springfield	2:00.03
F	80-84	Gold	80	Elizabeth	Hall	Manassas	1:13.82
F		Silver	84	Sally	Michel	Falls Church	1:35.00
F	85-89	Gold	89	Geertruida	Derosa	Springfield	1:40.42

	Men Record Holders						
	SWIMMING – BACKSTROKE 50 YDS – MEN						
	50 - 54	Dan Meek		Arlington	:27.75	2008	
	55 - 59	Tom Gittins		Falls Church	:31.75	2018	
	60 - 64	Chris Laiti		Leesburg	:34.69	2024	
	65 - 69	Kevin Culhane		Lorton	:34.91	2013	
	70 - 74	Kevin Culhane		Lorton	:35.35	2018	
	75 - 79	Howard Rolston		Arlington	:37.35	2019	
	80 - 84	Frederick Zamon		Fairfax	:45.44	2023	
	85 - 89	Herb Levitan		Arlington	:56.07	2025*	
		Chester Myslicki		McLean	:56.49	2006	
	90 - 94	Phil Case		Springfield	1:05.10	2019	
	95 – 99	J.R. Cassidy		Manassas	1:21.03	2011	
	List of Participants 2025						
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
M	50-54	Gold	52	Patrick	Fry	Falls Church	28.52
M		Silver	53	Jeff	Woodall	Sterling	42.20
M		Bronze	51	Michael	Wardian	Arlington	52.50
M	55-59		58	Christopher	Austin	Arlington	DNP
M	60-64	Gold	64	Gregory	DeRosa	Herndon	36.31
M	65-69	Gold	69	Bill	Wilson	Burke	43.72
M			65	Chris	Laiti	Leesburg	DNP
M	70-74	Gold	70	Benjamin	Viellieu	Burke	43.26
M		Silver	74	Nathan	Granger	Sterling	43.80
M		Bronze	74	Douglas	Shaw	Herndon	53.28
M			4	Daniel	Elliott	Great Falls	54.57
M			5	Robert	Stites	Reston	54.80
M			6	Kap	Ro	Nokesville	59.34
M			7	Bill	Herberger	Ashburn	1:12.06
M	75-79	Gold	79	Kevin	Culhane	Purcellville	40.76
M		Silver	76	James	Lengle	Tysons	50.10
M			75	Steve	Stone	Sterling	DNP
M	80-84	Gold	83	Hugh	McGee	Annandale	49.10
M		Silver	80	James	Leimkuhler	McLean	49.45
M		Bronze	84	Mel	Chaskin	Fairfax Station	54.96
M		Bronze	81	David	Pierce	McLean	55.0
M			5	Don	Meli	Annandale	1:04.43
M			6	Sterling	Pilette	Reston	1:05.98
M			82	Peter	Michel	Alexandria	DNP
M			81	Chuck	Kleymeyer	Arlington	DNP

M	85-89	Gold	86	Herbert	Levitan	Arlington	56.07*
M		Silver	87	Nick	Nobbe	Reston	1:15.2
M			86	Carlos	Rodriguez	Dumfries	DNP