

	Event:			Football Throw			
	Women Record Holders						
	FOOTBALL THROW – WOMEN (New in 2012)						
	50-54	Colleen Cornwell		Manassas	73’	2016	
	55-59	Sabrina Tomoen		Bealeton	85’ 11”	2023	
	60-64	Lee Anne Orndorff		Alexandria	89’ 2”	2023	
	65-69	Kathleen Wilson		Springfield	67’ 1”	2024	
	70-74	Jane Hoge		Falls Church	56’ 2”	2023	
	75-79	Georgia Fuller		Falls Church	46’ 11”	2021	
	80-84	Nancy Joyner		Annandale	34’	2025*	
	85-89	Sheila Gildea		McLean	27’ 4”	2016	
	90-94	Rosemary Furcher		Annandale	17’ 5”	2017	
	List of Participants 2025						
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
F	50-54	Gold	52	Kendra	Riggs	Arlington	31' 8"
F			52	Shelley	Verdejo	Burke	DNP
F	60-64	Gold	64	Karen	Weinberg	Fairfax	46' 1"
F		Silver	63	Vanstacia	Jackson	Alexandria	37' 6"
ç			61	Holley	Wiedemann	Falls Church	DNP
F			61	Sabrina	Tormoen	Bealeton	DNP
F	65-69	Gold	67	Kathleen	Wilson	Springfield	56' 6"
F		Silver	68	Lori	Grimm	Arlington	56' 0"
F		Bronze	69	Mary Lynne	Brown	Alexandra	34' 3"
F		4	66	Noela	Francis	Alexandra	26' 7"
F	70-74	Gold	74	Louise	DiCaprio	Fairfax	42' 1"
F			70	Doris	Granger	Sterling	DNP
F	75-79	Gold	75	Barbara	Hoffer	Vienna	28' 3"
F		Silver	78	Jacqueline	Miller	Alexandra	27' 1"
F	80-84	Gold	80	Nancy	Joyner	Annandale	34' 0""
F		Silver	80	Georgia	Fuller	Falls Church	32' 2"

	Men Record Holders						
	FOOTBALL THROW – MEN (New in 2012)						
	50-54	Brian Hair		Woodbridge	133' 3"	2023	
	55-59	Thomas Sampson		Clifton	130' 0.5"	2018	
	60-64	Shawn McGinnis		Haymarket	125' 8"	2025*	
	65-69	Doug Hastings		Alexandria	110' 10"	2014	
	70-74	Frederick Hacker		Fairfax	104' 3"	2012	
	75-79	Bernhard Stamm		Ashburn	101' 6"	2014	
	80-84	Bernhard Stamm		Ashburn	86' 8.5"	2019	
	85-89	Bernhard Stamm		Ashburn	62' 2"	2025*	
	90-94	Jerry Bradley		Oakton	43'	2025*	
	95-99	Donald Brooks		Potomac Falls	22' 10"	2017	
	List of Participants 2025						
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
M	50-54	Gold	53	Thomas	Mayrhofer	McLean	115' 7"
M		Silver	51	Micheal	Wardian	Arlington	90' 0"
M			53	Brian	Lee	Alexandria	DNP
M	55-59	Gold	55	Darren	Snow	Warrenton	65' 7"
M			58	Christopher	Austin	Arlington	DNP
M			58	Charles	Borg	Springfield	DNP
M			59	Soth	Chin	Arlington	DNP
M	60-64	Gold	61	Sean	McGinnis	Haymarket	125' 8" *
M		Silver	61	Tim	McCaffrey	Springfield	108' 9"
M		Bronze	63	Jeff	Farr	Vienna	102' 9"
M		4	62	Stephen	Young	Arlington	93' 9"
M		5	62	Henry	Sobieski	Centreville	72' 10"
M			61	Stephen	Neal	Chantilly	DNP
M	65-69	Gold	65	Jon	Berglund	Springfield	81' 1"
M		Silver	69	John	Schneider	Reston	44' 8"
M			66	Brian	Darling	Alexandria	DNP
M			67	Chuck	Crum	Bealeton	DNP
M	70-74	Gold	73	Rod	Hupp	Falls Church	85' 0"
M		Silver	72	Ken	Freund	Alexandria	42' 11"
M			74	Nathan	Granger	Sterling	DNP
M			70	Benjamin	Viellieu	Burke	DNP
M	75-79	Gold	75	Alessandro	Sacilotto	Fairfax	62' 11"
M		Silver	77	Eiji	Yasuhara	Sterling	58' 2"
M		Bronze	78	Don	Sodo	Dumfries	57' 3"
M		4	76	Edward	Hara	Fairfax	56' 1"
M		5	77	Gharemon	Suleymon	McLean	55' 9"
M			75	John	Ambrose	Arlington	DNP
M			79	Ted	Ringelheim	Springfield	DNP

M	80-84	Gold	82	Hui	Joo	Manassas	44' 8"
M		Silver	81	Chuck	Kleymeyer	Arlington	43' 10"
M		Bronze	81	Don	Meli	Annandale,	38' 3"
M			80	Thomas	Sullivan	Oakton	DNP
M			83	Bob	Foor	Franconia	DNP
M	85-89	Gold	86	Bernhard	Stamm	Ashburn	62' 2""
M		Silver	86	Carlos	Rodriguez	Dumfries	49' 1"
M		Bronze	88	Andrew	Dixon	Fairfax	46' 10"
M		4	86	Amnon	Golan	Arlington	44' 1"
M			86	Herbert	Levitan	Arlington	DNP
M	90-94	Gold	90	Jerry	Bradley	Oakton	43' 0""
M		Silver	94	John	Ewing	Falls Church	31' 7"
M			92	Bill	Brennan	Annandale	DNP