

	Event:			Softball Throw			
	Women Record Holders						
	SOFTBALL THROW – WOMEN						
	50-54	Lucy Sale		Herndon	140’	2002	
	55-59	Gloria Bortell		Arlington	122’ 5”	1990	
	60-64	Kathleen Wilson		Springfield	109’ 10”	2019	
	65-69	Kathleen Wilson		Springfield	96’ 10”	2024	
	70-74	Josephine Stewart		Manassas	87’	1995	
		Mary Williams		Woodbridge	87’	1996	
	75-79	Josephine Stewart		Manassas	82’ 5”	2000	
	80-84	Birdie Hughes		Falls Church	52’ 6”	1996	
	85-89	Sally Dishun		Herndon	44’	2016	
	90-94	Rosemary Furcher		Annandale	33’	2017	
	100+	Orpha Christenson		Falls Church	6’	2009	
	List of Participants 2025						
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
	50-54	Gold	52	Kendra	Riggs	Arlington	62' 5"
F	55-59		55	Lisa	Crouse	Fairfax Station	DNP
F	55-59		58	Susanna	Brown	Aldie	DNP
F	60-64	Gold	61	Deborah	Gregory	Woodbridge	63' 9"
F	60-64	Silver	64	Karen	Weinberg	Fairfax	54' 0"
F	60-64	Bronze	63	Vanstacia	Jackson	Alexandria	42' 8"
F	60-64		61	Amy	Levinrad	Ashburn	DNP
F	60-64		61	Sabrina	Tormoen	Bealeton	DNP
F	60-64		63	Emily	Smith	Annandale	DNP
F	65-69	Gold	68	Lori	Grimm	Arlington	88' 9"
F		Silver	67	Kathleen	Wilson	Springfield	80' 0"
F		Bronze	65	Pamela	McKinley	Alexandria	50' 7"
F		4	69	Mary Lynne	Brown	Alexandria	39' 11"
F	70-74	Gold	74	Louise	DiCaprio	Fairfax	59' 10"
F			70	Doris	Granger	Sterling	DNP
F	75-79	Gold	78	Jacqueline	Miller	Alexandra	45' 4"
F		Silver	75	Barbara	Hoffer	Vienna	41' 6"
F	80-84	Gold	80	Nancy D	Joyner	Annandale	46' 7"
F		Silver	80	Georgia	Fuller	Falls Church	45' 1"
F	85-89		86	Mary Lou	D'Alessandris	Falls Church	DNP

	Men Record Holders						
	SOFTBALL THROW – MEN						
	50 - 54	Thomas Sampson		Centreville	206' 0"	2015	
	55 - 59	Dan Barolo		Alexandria	219' 1"	1999	
	60 - 64	Alan Dale Clark		Vienna	198' 0"	1985	
	65 - 69	Ken Woodall		Gainesville	169'	2001	
	70 - 74	Thomas Sullivan		Oakton	179' 4"	2016	
	75 - 79	Bernard Stamm		Ashburn	158' 1"	2014	
	80 - 84	J.R. Cassidy		Manassas	138'	1996	
	85 - 89	J.R. Cassidy		Manassas	99' 6"	2002	
	90 - 94	Ray Kaminsky		Springfield	85' 7"	2008	
	95 – 99	J.R. Cassidy		Manassas	53'	2011	
	List of Participants 2025						
Sex	Age Group	Place	Age	Firstname	Lastname	City	Results
M	50-54	Gold	53	Thomas	Mayrhofer	McLean	166' 0"
M		Silver	51	Michael	Wardian	Arlington	128' 1"
M		Bronze	53	Brian	Lee	Alexandria	106' 2"
M	55-59	Gold	57	Sebastian	Gregory	Woodbridge	139' 1"
M		Silver	55	Darren	Snow	Warrenton	109' 3"
M	60-64	Gold	61	Sean	McGinnis	Haymarket	178' 9 1/2"
M		Silver	62	Stephen	Young	Arlington	145' 1 1/2"
M		Bronze	63	Jeff	Farr	Vienna	128' 8"
M		4	61	Tim	McCaffery	springfield	128' 6"
M		5	62	Henry	Sobieski	Centreville	90' 4"
M			61	Stephen	Neal	Chantilly	DNP
M	65-69	Gold	65	Jon	Berglund	Springfield	117' 0"
M		Silver	69	Arthur	Negrin	Fairfax	111' 10"
M		Bronze	68	Michael	Sorohan	Alexandria	74' 5"
M		Bronze	69	John	Schneider	Reston	74' 5"
M			66	Brian	Darling	Alexandria	DNP
M			67	Chuck	Crum	Bealeton	DNP
M			67	Patrick	Melbourne	Haymarket	DNP
M	70-74	Gold	74	Bill	Decker	Burke	112' 6"
M		Silver	73	Rod	Hupp	Falls Church	107' 5 1/2"
M		Bronze	72	Ken	Freund	Alexandria	60' 4"
M			74	Greg	Redding	Fairfax	DNP
M			74	Nathan	Granger	Sterling	DNP
M			71	James (Jim)	Goldwater	Alexandria	DNP
M			70	Benjamin	Viellieu	Burke	DNP

M	75-79	Gold	76	Alessandro	Sacilotto	Fairfax	99' 7"
M		Silver	76	Edward	Hara	Fairfax	92' 5 1/4"
M		Bronze	79	Edd	Shoemaker	Burke	84' 6"
M		4	78	Jack	Katosh	Arlington	78' 3"
M		5	77	Gharemon	Suleymon	McLean	76' 8"
M		6	77	Eiji	Yasuhara	Sterling	74' 11"
M		7	78	Don	Sodo	Dumfries	69' 3"
M		8	76	Kenneth	Mass	Falls Church	61' 4"
M			76	Daniel	Creed	Fairfax	DNP
M			76	Ted	Lee	Falls Church	DNP
M			77	Jeff	Young	McLean	DNP
M	80-84	Gold	81	Chuck	Kleymeyer	Arlington	67' 8"
M		Silver	82	Dean	Rust	Alexandria	58' 9"
M		Bronze	81	Don	Meli	Annandale,	57' 3 1/2"
M			82	Hui	Joo	Manassas	39' 10"
M			83	Bob	Foor	Franconia	DNP
M			82	Max	Scruggs	Arlington	DNP
M			80	Thomas	Sullivan	Oakton	DNP
M			84	Karl	Lady	Alexandria	DNP
M	85-89	Gold	86	Bernhard	Stamm	Ashburn	97' 2 1/2"
M		Silver	87	William (Bill)	Bahnmaier	Fort Belvoir	71' 4"
M		Bronze	88	Andrew	Dixon	Fairfax	66' 1"
M		4	86	Amnon	Golan	Arlington	61' 4"
M		5	86	Carlos	Rodriguez	Dumfries	51' 9"
M			86	Herbert	Levitan	Arlington	DNP
M	90-94	Gold	90	Jerry	Bradley	Oakton	53' 6"
		Silver	90	Bruce	Rowlett	Springfield	39' 9"
M		Bronze	94	John	Ewing	Falls Church	36' 3"
M			92	Bill	Brennan	Annandale	DNP