Dear 2025 NVSO Volunteers,

On behalf of the Northern Virginia Senior Olympics (NVSO), we want to express our sincere gratitude to <u>YOU</u> for your participation and contributions to the 2025 NVSO. We couldn't have done it without <u>YOU</u>! Your presence and enthusiasm made the events a truly special occasion. This year's event had over 1,200 participants and over 200 volunteers. We couldn't have gotten these amazing results without the help of our gracious volunteers like you. We hope you had a valuable experience and that you were able to connect with fellow attendees and gain new insights.

We highly value your thoughts and feedback. Can you take a few moments to share your feedback by emailing the NVSO mailbox (https://nvso.us/contact-us-2/)? Your insights are valuable to us and will play a crucial role in shaping our upcoming events.

The results of the games, along with photographs, are now available on the NVSO website. Go to the main Events Page (Click on this link https://nvso.us/events/) select the event you are interested in to find that event's results and records and its photography gallery. Take a look and see all of the amazing achievements that the 2025 participants were able to accomplish with your support!

As we begin to look forward to the 2026 NVSO, we hope that you will again volunteer with us. And feel free to sign up as participants too! We plan to reach out in the summer of 2026 to those that we have contact information for the 2025 NVSO so that you can mark your calendars and hold those dates. Also, share your experiences with family and friends and encourage them to join you too. For all of you, whether it was your first year or you're a repeater, your efforts helped make the 2025 games a remarkable success, and we are forever grateful for your support.

NVSO's mission statement is Living Healthy Longer: The Northern Virginia Senior Olympics (NVSO) promotes health, fitness and psychological well-being for

senior adults by providing opportunities for participation, competition, self-improvement and fellowship through various athletic and recreational events. Because of you, your time and dedication, NVSO is able to carry out its mission. Your contributions are invaluable to the success of the games, and we look forward to seeing you again next year. THANK YOU!!!

Rod Hupp

Chairman, NVSO 2025