

Northern Virginia Senior Olympics (NVSO)
2026 Volunteer Request Form

- 1) **EVENT:** Swimming
- 2) **Number of Volunteers Needed:** 20
- 3) **Location of Event:** Ashburn Recreation and Community Center
- 4) **Event Director's Name:** Carol Mackela and Suzanne Kim
- 5) **Event Director's Contact Info:** cjkkmackela@hotmail.com,
suzannerkim@yahoo.com
- 6) **Time Commitment:** 8:30 a.m. to 2 p.m.
- 7) **Date of event:** September 11, 2026
- 8) **Volunteer Duties (please describe the task that the volunteer would be asked to perform for your NVSO event):**

Volunteers will time the swimmers with digital stopwatches and record the name and time of the swimmer on a card. Must be able to bend over far enough to see swimmer's hand touch the wall. Training provided. Pizza lunch provided.

NOTE: Volunteers will receive a Volunteer T-shirt indicating that they volunteered for the Northern Virginia Senior Olympics. Also, if no relevant skills or experience is required, an Event Director will provide training and orientation.