

			EVENT:		Basketball Free Throws		
	Women Record Holders						
	BASKETBALL FREE THROW – WOMEN						
	50 - 59	Pat Blackman		Arlington	24/25	1995	
		Vy Yoder		Mason Neck	18/20	2018	
	60 - 64	Cesarina Olschner		Alexandria	20/25	1986	
	65 - 69	Carla Convery		Alexandria	22/25	1985	
	70 - 74	Carla Convery		Alexandria	21/25	1993	
	75 - 79	Bernie Kleinschmidt		Annandale	19/25	1999	
	70 – 79	Nancy Joyner		Annandale	9/20	2016	
	80 - 89	Mary Boska		Alexandria	19/25	2007	
				**= tie breaker			
	List of Participants 2026						
Sex	Age Group	Place	Age	Firstname	LastName	City	Results
F	50-54	Gold	53	Sue	Budd	Arlington	6/20
F			51	Jennifer	Rodriguez	Dumfries	DNP
F	60-64	Gold	63	Jean	McGovern	Arlington	11/20**
F		Silver	64	Allison	Brodin	Sterling	11/20**
F		Bronze	64	Brenda	Allen	Lorton	10/20
F		4	61	Kim	Cincotti	Alexandria	7/20
F		5	61	Kristin	Haynes	Annandale	5/20
F		6	64	Vanstacia	Jackson	Alexandria	4/20
F			63	Sheryl	Williams	Alexandria	DNP
F			63	Colleen	Cornwell	Manassas	DNP
F	65-69	Gold	68	Barbara	Glakas	Herndon	12/20
F		Silver	65	Karen	Weinberg	Fairfax	8/20
F		Bronze	65	Caroline	Emmerson	Falls Church	5/20
F			67	Jacklyn	Rush	Dumfries	DNP
F	70-74	Gold	73	Diana	Rouse	Ashburn	0/20
F			73	Karen	Rudat	Sterling	DNP
F	90-94	Gold	90	Betty	Cottrell	Fairfax	0/20

	Men Record Holders						
	BASKETBALL FREE THROW – MEN						
	50 – 54	Peter Brewington	Centreville	20/25	2011		
	55 - 59	Harold Skeins	Fairfax	25/25	1995		
	50 – 59	Scott Phillips	Alexandria	16/20	2018		
	60 - 69	Harold Skeins	Fairfax	23/25	2002 & 2007		
		Allen Brooks	Triangle	19/20	2018		
	60 - 64	Harold Skeins	Fairfax	23/25	1999		
	65 - 69	Richard Smith	Springfield	24/25	1997		
	70 – 74	Bill Herberger	Ashburn	18/20	2026*		
	70 - 79	Peter McGuirk	Arlington	23/25	2015		
	80 - 84	George Ryffel	Arlington	20/25	2000		
	85 - 89	JR Cassidy	Manassas	14/25	2005		
	85 – 89	Andrew Dixon	Fairfax	10/20	2026*		
	80 - 89	James Martin	Alexandria	15/20	2016 & 2017		
	90 - 94	JR Cassidy	Manassas	16/25	2006		
				**= tie breaker			
	List of Participants 2026						
Sex	Age Group	Place	Age	Firstname	LastName	City	Results
M	50-54	Gold	53	Kevin	Ta	Fairfax	10/20
M		Silver	52	Adam	Cunningham	Fairfax	8/20
M			51	Eugene	Purvis	Centreville	DNP
M			51	Carl	Rodriguez	Dumfries	DNP
M	55-59	Gold	58	Barrett	Tripp	Falls Church	13/20
M		Silver	56	Todd	Anthony	Aldie	12/20
M		Bronze	57	Gene	Lee	Chantilly	11/20
M		4	58	James	Sun	Springfield	4/20
M		4	59	Steve	Brockelman	Falls Church	4/20
M			59	Sean	Arnett	Alexandria	DNP
M	60-64	Gold	63	David	Nielsen	Vienna	15/20
M		Silver	61	Mark	Ross	Gainesville	14/20
M		Bronze	62	Chuck	Bell	Springfield	13/20
M		4	62	Wilbert	Forbes	Herndon	5/20
M		5	63	Henry	Sobieski	Centreville	4/20
M			60	Mark	Medema	Alexandria	DNP
M			60	Soth	Chin	Arlington	DNP
M			60	Jose	Palomo	Woodbridge	DNP
M			61	Edward	Brandmark	Vienna	DNP
M			62	Stephen	Neal	Chantilly	DNP
M			62	Ravindra	Garg	Chantilly	DNP
M			63	Stephen	Young	Arlington	DNP
M			64	William	Maurice	Manassas Park	DNP

M	65-69	Gold	66	Stephen	Shepherd	Springfield	17/20
M		Gold	68	Jordan	Dale	Dumfries	17/20
M		Bronze	66	Jerry	Cuffee	Montclair	14/20
M		4	67	David	Duda	Lorton	8/20
M		4	67	Enrique	Dalusung	Ashburn	8/20
M		6	65	Sheldon	Hervey	Lorton	7/20
M		6	67	Brian	Darling	Alexandria	7/20
M		8	67	David	Emmerson	Falls Church	2/20
M			66	A. Marty	Willis	Baileys Crossroads	DNP
M			66	Jon	Berglund	Springfield	DNP
M			68	Patrick	Melbourne	Haymarket	DNP
M			69	Ed	Binczewski	Arlington	DNP
M	70-74	Gold	71	Bill	Herberger	Ashburn	18/20*
M		Silver	72	Bob	Smith	Gainesville	15/20**
M		Bronze	73	Wayne	Chesley	Springfield	15/20**
M		4	74	Gene	Karpinski	Arlington	14/20
M		5	71	Alan	Peek	Fairfax	11/20
M		6	70	Steve	Smith	McLean	5/20
M		7	72	James	Goldwater	Alexandria	3/20
M		7	73	Walter	Kindred	Alexandria	3/20
M			72	Carlos	Perez	Fairfax	DNP
M			73	Mohammad Javed	Karimullah	Manassas	DNP
M			73	Art	Rudat	Sterling	DNP
M			74	Shannon	Kennedy	Arlington	DNP
M			74	Rod	Hupp	Falls Church	DNP
M	75-79	Gold	79	Doyle	Talkington	Haymarket	13/20
M		Silver	78	Douglas	Huff	Fairfax	9/20
M		Bronze	76	Magdi Michael	Kallini	Fairfax	8/20
M		4	79	Jack	Katosh	Arlington	5/20
M		5	77	Robert	Baldassano	Alexandria	4/20
M		5	77	Randall	McCathren	Arlington	4/20
M			75	Ronald	Fecso	Arlington	DNP
M			75	Steven	Plochocki	Gainesville	DNP
M			76	John	Ambrose	Arlington	DNP
M			76	John	Bennett	Ashburn	DNP
M	80-84	Gold	81	Gary	Hopkins	Dumfries	7/20
M		Silver	80	Charles	Smith	Woodbridge	6/20
M		Bronze	80	Dugald	Gillies	Arlington	5/20
M		4	80	Gholam	Atashbarghi	Fairfax	4/20
M		5	80	Thomas	Stanton	Woodbridge	2/20
M			82	David	Pierce	McLean	0/20
M			80	Edd	Shoemaker	Burke	DNP
M			80	John	Cordyack	Reston	DNP
M			82	Robert (Tony)	McCann	Annandale	DNP

M	85-89	Gold	89	Andrew	Dixon	Fairfax	10/20*
M		Silver	87	Amnon	Golan	Arlington	9/20
M			87	Carlos	Rodriguez	Dumfries	DNP
M	90-94	Gold	90	Stan	Dobson	Arlington	0/20