www.nvso.us

NVSO NORTHERN VIRGINIA SENIOR OLYMPICS News

October 2026

Contact: nvso1982@gmail.com
Judy Massabny, 703-217-0285

It's Over and it was Terrific!

The 2026 Northern Virginia Senior Olympics is now history and in addition to having their largest participation, 117 participants broke records in a wide variety of events reported Herb Levitan events chairman. "Even the three new events, darts, weight-lifting and rock climbing-top rope drew large numbers of competitors. Most of the other events also saw increases compared to last year," said Levitan.

"We are particularly grateful to the more than 200 volunteers who assisted the event directors at the many venues throughout Northern Virginia. We couldn't begin to offer the 85 events at 36 venues without their support," said Levitan.

All of the results for each event are posted on the website at www.nvso.us. There are many photos taken by Osher Lifelong Learning (OLLI) Photography Group at George Mason University and the Northern Virginia Photographic Society. Levitan expressed appreciation for the long-standing support of the eight sponsoring jurisdictions who make many of their venues available for the competition. Levitan also recognized the Patrons whose monetary support is invaluable.

"No date has been set for the 2027 NVSO but it will definitely be in September," concluded Levitan.

NVSO is sponsored by the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William and the cities of Alexandria, Fairfax and Falls Church. Additional support is generated by Gold, Silver and Bronze Patrons which goes toward equipment and supplies. The NVSO committee is all volunteers.

2026 Gold Patrons are AARP Virginia, Adobe, Ashby Ponds by Erickson Senior Living, CareFirst BlueCross BlueShield, Falcons Landing, Greenspring by Erickson Senior Living, Johns Hopkins Health Plans, Retirement Unlimited, Inc. (RUI), Seniors Helping Seniors, The Beacon Newspapers, The Jefferson, The Mather-Tysons, The Riviera & The Landing of Alexandria, United Health Care, Vinson Hall, Woodlands Retirement Community and Woodleigh Chase by Erickson Senior Living. Silver Patrons are Chesterbrook Residences, Koons Arlington Toyota and Mandy Whelan. NVSO is also a recipient of a generous grant from Johns Hopkins Health Plans Corporate Grant Program.

####